

2018 Update

Completed by:
E-mail:

Priority	Focus Area	Goal	Objectives	Disparities	Interventions/ Strategies/ Activities	Family of Measures	2018 Progress to Date	Implementation Partner <i>(Please select one partner from the dropdown list per row)</i>	Partner Role(s)	Strengths	Challenges? How will they be addressed?
Prevent Chronic Diseases (PCD).	Reduce illness, disability and death related to tobacco use and secondhand smoke exposure.	Promote tobacco use cessation, especially among low SES populations and those with poor mental health.	Provide Delaware County residents with access to tobacco cessation classes through video-conferencing, eliminating the need to travel long distances.	All rural residents will have access.	Delaware Valley Hospital (DVH) will offer smoking cessation classes to be implemented with UHS Stay Healthy staff through the use of video conferencing. This technology is currently in the development stage and is slated to be completed by mid-2017. There are no smoking cessation classes in Delaware County at this time. DVH will advertise tobacco cessation programming to area residents in collaboration with other hospitals, the county health department, and health care providers. Classes will begin to be offered in fall of 2017. The class will be offered at least once per year.	Through this partnership, which includes not only the Delaware County-based providers but also the larger UHS hospital system, the number of participants initiating and completing tobacco cessation classes will be measured.					
			Delaware County residents will have access to tobacco cessation classes.		Offer smoking cessation classes, at least once per year, offered by UHS Stay Healthy staff through the use of video conferencing.	Number of participants initiating and completing tobacco cessation classes.					
	Increase access to high quality chronic disease preventive care and management in both clinical and community settings.	Promote culturally relevant chronic disease self-management education.	Patients with chronic diseases and/or their caregivers will learn ways to manage their disease.		Promote the use of evidence-based interventions to prevent or manage chronic diseases through DVH's RN Patient Care Coordinator and/or certified dietician/nutritionist.	Number of chronic disease patient visits with DVH patient care coordinator and/or dietician/nutritionist for education and/or help in eliminating barriers to care.					

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	Reduce obesity in children and adults.	Create community environments that promote and support healthy food and beverage choices and physical activity.	Three municipalities will pass Complete Streets policies by 12.31.18; One municipality will complete a Complete Streets project by 12.31.18.; Increase percentage of adults who participate in leisure time physical activity from 75% to 76% by 12.31.18.		Increase the number of municipalities that have Complete Streets policies.	Number and percent of residents that reside in jurisdiction with Complete Streets policies, plans and practices.					
						Percent of roads in a jurisdiction that become subject to Complete Streets policies, plans and practices.					
						Number of municipalities where new or enhanced policies, plans and practices that promote					
					Advocate for and advertise newly constructed or maintained safe sidewalks, bike lanes, recreational facilities, parks and other amenities.	Number of newly constructed infrastructure to support alternative transportation.					
						Number of municipalities who have implemented strategies that support cycling and					

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					Sustain utilization of Prescription Trails Program through: 1) promotion of Get Out and Walk website; 2) implementation of a tracking system which uses smart phrases in the Electronic Medical Record (EMR); and 3) identification and demarcation of existing trails.	Number of EMR systems which implement tracking system. Number of times the smart phrases are found in the patients' medical Number of trails that have been identified and Number of visits to the Get Out and Walk website					
PCD	Reduce obesity in children and adults.	Create community environments that promote and support healthy food and beverage choices and physical activity.	By December 31, 2018, reduce the percentage of adults ages 18 years and older who are obese from 24.5% (2011) to 23.2% among all adults.	The existing disparity for the 2016-2018 Community Health Improvement Plan is "low income residents in rural areas in Delaware County." This can benefit a large portion of the Margaretville Hospital service area, as the average weekly wage rate for Delaware County is \$775 (2015), which is 34% below the NYS rate of \$1,180.	Increase retail availability of affordable healthy foods that meet the needs of the community, especially those with limited access to nutritious foods. Implement nutrition and beverage standards in public institutions, worksites and other key locations such as Margaretville Hospital and Mountainside Residential Care Center.	Number and type of key community locations that adopt and/or implement nutrition and beverage standards.	We Continue to offer healthy snacks in the vending machines and work with the schools through the Wellness committee offering healthy options. Vending Policy has not yet been adopted.	Other (please describe partner and role(s) in column D)	The community is the partner who will have increased access to healthier	The strength of offering healthier foods in increased community exposure to healthier options .	The challenge is to engage the community in setting healthy food as a priority and to get consensus on a policy.

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		Expand the role of health care, health services providers and insurers in obesity prevention.	By December 2018, one healthcare practice will become breastfeeding friendly. By December 2018, two Daycare Centers or childcare settings will be breastfeeding friendly.		Encourage and recruit pediatricians, obstetricians, gynecologists and other primary care provider practices and clinic offices to become NYS Breastfeeding Friendly Practices.	Number of practices designated as NYS Breastfeeding Friendly.					
					Encourage and recruit daycare centers and other childcare settings to become Breastfeeding Friendly.	Number of daycare and childcare settings that become Breastfeeding Friendly. Number and demographics of women reached by policies and practices to support					
PCD	Reduce Obesity in Children and Adults.	Expand the role of public and private employers in obesity prevention.	By December 31, 2018, increase by 10% the percentage of small to medium worksites that offer a comprehensive worksite wellness program for all employees that is fully accessible to people with disabilities.	The existing disparity for the 2016-2018 Community Health Improvement Plan is "low income residents in rural areas in Delaware County." This can benefit a large portion of the Margaretville Hospital service area, as the average weekly wage rate for Delaware County is \$775 (2015), which is 34% below the NYS rate of \$1,180.	Implement evidence-based wellness programs for all public and private employees, retirees and their dependents through collaborations with unions, health plans and community partnerships that include but are not limited to increased opportunities for physical activity; access to and promotion of healthful foods and beverages; and health benefit coverage and/or incentives for obesity prevention and treatment.	Collection of a baseline number of employees that participate in the Personal Health Assessment (PHA), annual physical and including breastfeeding support. As a role model, HealthAlliance will implement system-wide changes that incentivize employee participation in the PHA, annual physical and the adoption of at least one healthy behavior by structuring health insurance rates					

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Promote a Healthy and Safe Environment.	Injuries, violence and occupational health.	Reduce the risk of falls, particularly among the elderly.	Evidence-based falls prevention programming will be available to area residents.		Continue to offer the evidence-based Matter of Balance program once per year.	Number of participants beginning and completing the class.					
					Sustain sponsorship of up to four Delaware County Office for Aging's Tai Chi Programs.	Number of participants beginning and completing the program.					
						Number of sponsored programs.					

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					Train four Suicide Prevention Network members in QPR.	By December of 2016, four people will be trained in QPR from Delaware County.					
					Offer a "Let's Talk" Mental Health and Suicide Prevention Gatekeeper training once per year.	Number of trainings offered and number of participants completing					
					Work with rod and gun clubs and gun shop owners to implement the Gun Shop Project to target high risk populations (middle aged and elderly males) and the most prevalent means (gun-shot inflicted injury and death).	By December of 2018, one gun shop or rod and gun club will participate in the Gun Shop Project.					
Prevent Substance Abuse		Secure trainers for the Stanford University Chronic Pain Self-Management course. DVH will pay for up to two trainers to take the online course.	Complete the Stanford University Pain Self-Management course.		Number of trainers completing the course.	DVH will pay for up to two trainers to take the online course.					
		Patients completing the chronic pain self-management program will learn the skills to prevent or reduce the use of pain medications.	Offer the Chronic Pain Self-Management Classes at least once per year.		Number of classes held. Number of participants beginning and completing classes.	DVH will lead the program, provide the venue for program and advertise the program.					

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		Prevent underage drinking, non-medical use of prescription pain relievers by youth, and excessive alcohol consumption by adults.	Establish baseline data on opioid overdose and abuse. Increase the number of prescription drop boxes by two by 12.31.2018. Catholic Charities will start a needle exchange program in Delaware County.	This action supports decreasing opioid use and overdoses across all ages, genders and ethnicities living in Delaware County.	Work to establish baseline data on opioid overdose and abuse. County hospital systems will sustain efforts around the prescription drug monitoring program (I-STOP). Work to prevent drug overdose deaths through: 1) community activation and coalition building; 2) prescriber education and behavior; 3) pain patient services and drug safety; 4) drug treatment and demand reduction; 5) harm reduction including Naloxone training; 6) community-based prevention education. Explore the feasibility of a needle exchange program located in Delaware County.	Incidence of opioid overdose.					
						Percent of providers participating in prescription drug monitoring					
						Percent of participation in safe prescription drug programs, take-back events, drop boxes, safe storage					
						Number of agencies involved in safe needle exchange.					
		Prevent underage drinking, non-medical use of prescription pain relievers by youth and excessive alcohol consumption by adults.	Promote community activation and coalition-building surrounding non-medical use of prescription pain relievers.		Actively participate in newly formed heroin and substance abuse coalition(s) and initiatives in the service area.	Participation in coalition meetings.					
						Participation in safe prescription opiate disposal programs, take-back events, drop boxes, safe storage and					
						Number of professionals or community members participating in Naloxone training					

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PMHSA	Strengthen infrastructure across systems. Prevent substance abuse and other mental emotional behavioral (MEB) disorders.	Strengthen infrastructure for MEB health promotion and MEB disorder prevention.	Increase availability of mental, emotional and behavioral health services through the use of telemedicine technology. Telemedicine equipment will be operational and a system for gathering referrals from the Delaware County community will be established by a dedicated, responsible party at Margaretville Hospital.	The existing disparity for the 2016-2018 Community Health Improvement Plan is "low income residents in rural areas in Delaware County." This can benefit a large portion of the Margaretville Hospital service area, as the average weekly wage rate for Delaware County is \$775 (2015), which is 34% below the NYS rate of \$1,180.	Tele-Health services available in 4 school systems in Delaware County. . Coordination exists between Psychologist and LCSW .Assessments, evaluations and interventions collaborated with the Behavioral Health team in the schools and a psychiatrist via Tele-Psychiatry..	The number of times per month that services are available to patients.	Third LCSW/RN hired to support the growing needs of the program Total Visits Scheduled 1214 Seen 1020 (84%) Cancelled 119(9%) No-Show 85(7%) Face-to-face visits (with social worker or psychologist) Scheduled 1113 (Seen 928 (83%) Cancelled 116(10%) No Show 79 (7%) Tele psychiatry visits (with psychiatrist) Scheduled 101 Seen 92 (91%) Cancelled 3 (3%) No Show 6 (6%)	K-12 School	Four schools (Margaretville, Andes, Roxbury and Downsville School Districts) are streamlining students into the program. The schools' guidance counselors are a source of referrals to behavioral health professionals. Those students that need psychiatric counseling are seen via telemedicine	Offering a service that has not been available to this community previously. Comprehensive assessment, evaluation and prevention of Behavioral Health Issues. Strong community support and active partnerships with local school districts and community organizations	There are times that we do not have a connection due to cellular issues. Initially staffing and recruitment were a problem. The ability to bill for services can be a problem. Adapting standards hospital/clinic policies and procedures to off site school settings
PMHSA						Number of visits completed through utilization of the service each Number of unique patients utilizing the					
				Yes, eventually as the infrastructure will be strengthened.	Continue discussions with Delaware County Mental Health regarding screening and integrating primary care and MEB services.	Number of meetings.					
		Goal #3.2: Strengthen infrastructure for MEB health promotion and MEB disorder prevention.	Telemedicine equipment will be operational and a system for gathering referrals from the Delaware County community will be established by a dedicated, responsible party at Margaretville Hospital.		Margaretville Hospital will establish relations with a visiting psychologist and telemedicine capabilities with input from WMCHHealth, to bring psychiatric services to the Delaware County community.	Psychologist/Prog ram Coordinator is hired. Equipment is operational.					
						Referral system is operational.					

Delaware County -
Margaretville_Completed_Up
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						Number of individuals meeting with the psychologist and utilizing the tele psychiatry services.					